

“Safer at Home” 101

✓ Do

- Stay home as much as possible
- Stay at least 6 feet from others
- Wash your hands frequently and disinfect surfaces
- Go out only for essentials
- Exercise outside as long as you can be 6 feet apart from others
- Have video and phone chats with friends and family

✗ Do not

- Gather in groups
- Get together with friends (no dinner parties)
- Have playdates for kids
- Engage in team or contact sports (basketball, soccer, football, Frisbee)
- Have kids play at playgrounds
- Hoard food and supplies
- Make unnecessary trips

👍 Open

- Grocery stores and pet stores
- Food pantries
- Pharmacies
- Hardware stores
- Banks & credit unions
- Bars/restaurants (take out/delivery only)
- Parks (except playgrounds)
- Gas stations and auto supply
- Childcare centers
- Laundry services
- Utility services

👎 Closed

- Malls and retail stores
- Fitness and other recreation centers
- Salons and spas (hair and nail salons, barber shops, tattoo parlors, tanning)
- Places of public amusement & activity (amusement parks, waterparks, zoos, pools, museums, arcades, golf)
- Schools and public libraries
- Playgrounds

**Stay home.
Save lives.**

